



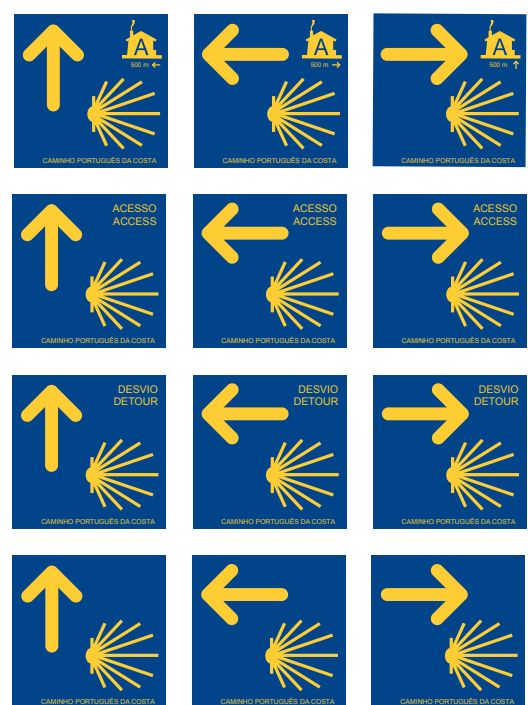
Guide



Signs found on the Saint James trails

Two different types of signs can be found along the Portuguese Coastal Way to help guide pilgrims and other walkers. One of them, the **direction signs**, replaces the well-known yellow arrows.

In addition to providing a direction, these may also include other information relating to **albergues**, **access** or **detours**. When not located on the actual Camino, they serve to indicate the way that leads to the Camino de Santiago.



Types of Signs

The extension of the Camino travels through rural and urban areas, and travellers may come across classified monuments and/or protected areas. As such, two specific signs were designed for the purpose: one is a more generic sign which can be found in **rural areas**. It is a simple wood post with a direction sign in phenolic resin; the other, the **urban sign**, indicates the location of monuments and protected areas, and is made in cor-ten steel.



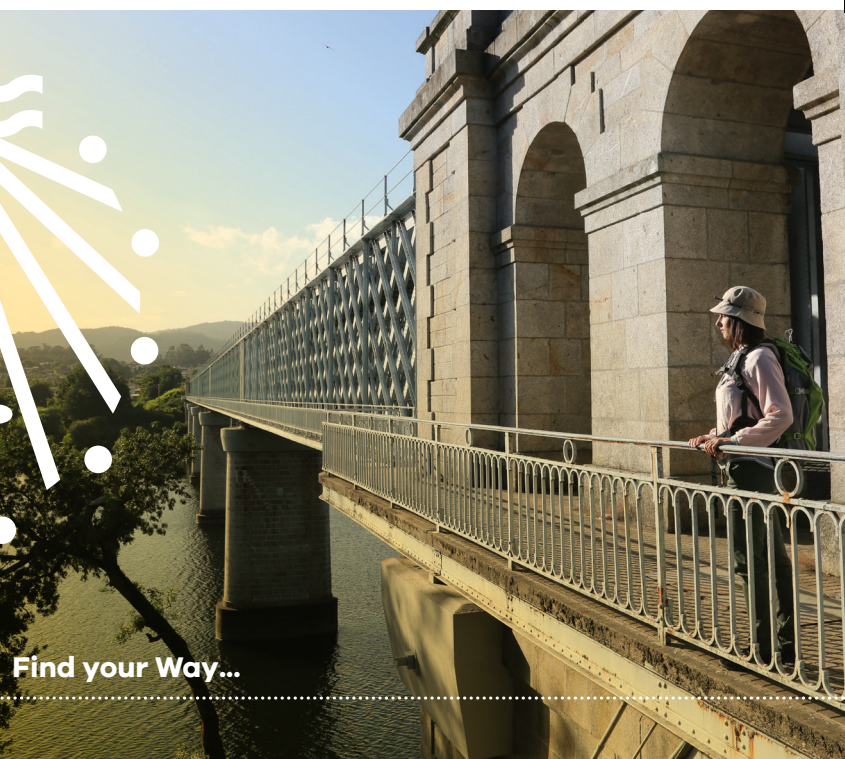
Information panel



Urban sign

Rural sign

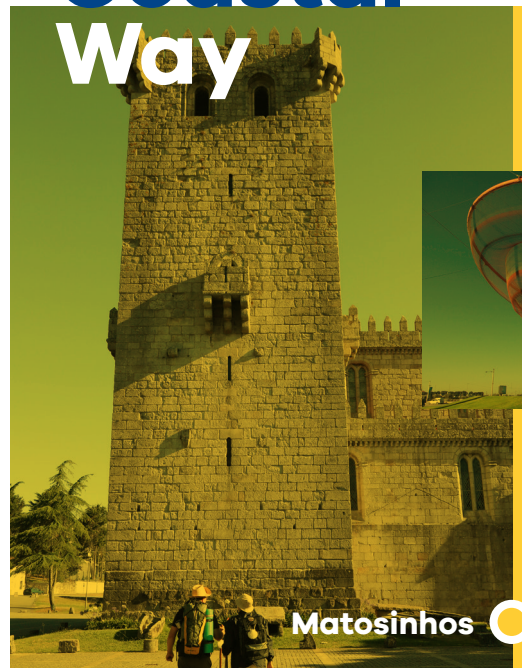
Once a pilgrim, always a pilgrim...



Find your Way...



Portuguese Coastal Way



Matosinhos



Maia



Vila do Conde

A route brimming with culture and history



Póvoa de Varzim



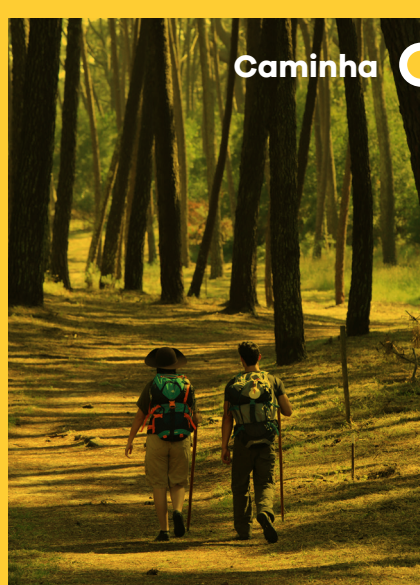
Esposende



Viana do Castelo



Caminha



Vila Nova de Cerveira



Valença



Santiago de Compostela

The Way...

As with any of the other routes leading to Santiago, strictly speaking it is impossible to only mention one route when we are talking about the Portuguese Way. The Portuguese Coastal Way, connecting Porto to other coastal regions, allows pilgrims to cross over into Galicia via the Minho river to La Guardia (opposite Caminha), Goian (opposite Vila Nova de Cerveira) or Tui (via Valença do Minho). It was considered by many historians as one of the most important roads leading to the apostle's house in Santiago de Compostela. This coastal route that starts in Porto and passes through Matosinhos, Maia, Vila do Conde, Póvoa de Varzim, Esposende, Viana do Castelo, Caminha, Vila Nova de Cerveira and Valença was only really acknowledged in the modern era, as of the 15th century. Until then it was mainly used by locals and those who disembarked in the seaports.

The project "Appreciation of the Saint James trails – the Portuguese Coastal Way" was the result of a joint-application made by 10 municipalities to Norte 2020, with the aim of officially acknowledging and making this alternative Camino known as a pilgrimage route leading to Santiago. This inter-city network presents a unique brand image and integrated marketing communication to enhance the inherent values of the Portuguese Coastal Way.

Bom Caminho...



Camino route

Learn more about the cities that are part of the project, their history, heritage sites and points of interest as well as amenities found along the way.



Backpack

Pack your backpack with the right gear. We have a list of things you should take and some practical advice.



Stages

Define your stages and daily distances depending on what there is to see and visit and available accommodation. Plan, share and print your itinerary.

Planning the Camino is part of the journey. Knowing what awaits you each day of your adventure is part of the preparations.

The app for smartphones (iOS & Android) works like an interactive guide. It allows you to download the route defined on the web platform, including all the sites you want to visit, so that nothing is left to chance...



WORKS OFFLINE



SAVES YOUR POINTS OF INTEREST



CAMINO GUIDE



Once a pilgrim, always a pilgrim...

The simplicity of the people found along the Portuguese Coastal Way dignifies the historical sites on route that embellish the natural landscape. Each step of the way is accompanied by a light sea breeze that invigorates the mind, challenging the body as you make your way to your planned destination.

Each day there are moments to be relished and seized. The vastness of the ocean contrasts against the mountains that border the Way, instilling emotions that will make you hold your breath. The kind-hearted people of the sea greet all walkers in a friendly manner, never refusing to provide aid to pilgrims in their quest to reach the next milestone. The Coastal Way has its own specific spirituality, experienced in a different way by each pilgrim, and this transforms each trip through nature into a journey that is as much serene as it is emotional. The gentle slopes of the mountains cross the valleys which reflect the shimmering waters of the rivers and streams, invigorating each step of the way. At each bend, a new idyllic scenery accompanies the sea. It is only here that one is able to admire the contrast between the tranquil beaches and the strong Atlantic waves. The sea breeze has a characteristic smell of seaweed which has been washed up on shore and taken out to sea by the waves only to return and dry on the sand. It is the perfect setting for a painting.

Along the way, the landscape personifies many moments of our lives and helps us make sense of many things. In each town centre local folk tell the tales of pilgrims who have travelled through to reach their destination. The admiration and seduction of each moment is remembered, calling us to return to this Camino.

The Santiago de Compostela cult is evident in the spirit of the ten municipalities that are connected by the Coastal Way. Different landscapes are encompassed in one sole route, evoking serenity in pilgrims. This is the ideal trail for all those who seek new sensations which go beyond the body to provide clarity to the mind. A spiritual journey complemented with culture heritage sites and sceneries that will take your breath away.

Find your Way...



Lodging

- Porto**
Albergue de Peregrinos do Porto
R. do Espírito Santo, 904
Tel. +351 912 991 321
- Albergue de Peregrinos Nossa Senhora do Rosário de Vilar**
Casa Diocesana de Vilar
Tel. +351 223 056 054
- Bombas Voluntárias do Porto**
Rua de Rodrigues Sampaio, 148
Tel. +351 222 055 845
- Posada da Juventude**
Rua de Paula, da Carmo, 551
Tel. +351 226 163 059
- Matosinhos**
Refugio de Peregrinos Via Portuguesa
Matosinhos - Senhora da Hora
Tel. +351 980 221 134
- Vila do Conde**
Albergue de S. Tiago
Rua de Labruge, 1720
Tel. +351 229 284 686 / 961 180 256
- Albergue de S. Mamede**
Travessa do Sol
4485-743 Vila Chã / Vila do Conde
Tel. +351 229 285 607
- Albergue de Santa Clara**
Rua 5 de Outubro, 231
4480-630 Vila do Conde
Tel. +351 252 104 717
- Póvoa de Varzim**
Albergue de Peregrinos de São Pedro de Rates
Rua de Santo António, 189
4670-503 Rates
- Albergue de Peregrino de S. José de Ribamar**
Av. Mouzinho de Albuquerque, 32
4490-460 Póvoa de Varzim
Tel. +351 262 622 314
- Esposende**
Albergue de São Miguel de Marinhos
Av. de São Sebastião - Marinhos
Tel. +351 253 964 720
- Posada da Juventude de Ofr**
Alameda do Bom Jesus
Ofr - Esposende
Tel. +351 253 981 790
- Viana do Castelo**
Posada da Juventude de Viana do Castelo
Rua de Límia
Tel. +351 258 838 468
- Albergue "São João da Cruz dos Caminhos"**
Padres Carmelitas Descalças, Igreja do Carmo
Tel. +351 258 822 264
Fax: +351 258 822 132
- Caminha**
Albergue de Peregrinos de Caminha
Av. Padre Rinaldi Caminha
Tel. +351 914 290 431
- Vila Nova de Cerveira**
Casa da Moto
Rua Cais da Moto, s/n
Tel. +351 934 440 779 / +351 916 631 313
- Posada da Juventude de Vila Nova de Cerveira**
Rua Alta das Velgas, 131-13
Antiga Escola Primária
Tel. +351 251 709 933 / +351 926 665 092
- Valença**
Albergue S. Teotónio
Av. José Maria Gonçalves
Tel. +351 251 626 266 / +351 961 168 501

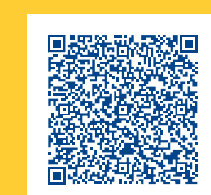
WEB PORTAL AND SMARTPHONE APP

Find your Way...

The Portuguese Coastal Way portal will help you discover heritage sites, prepare your backpack and plan your way, stage by stage.

Plan your trip and don't miss out on anything.

An interactive guide for your smartphone that will accompany you along the Portuguese Coastal Way.



+Info www.caminhoportuguesdacosta.com

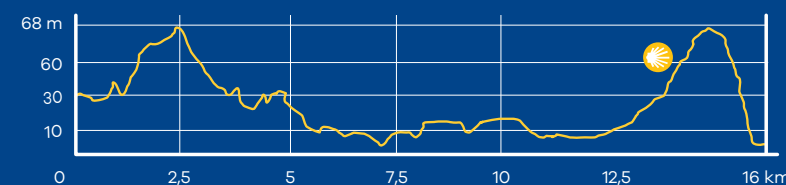
Share your experience on Instagram: [#caminhoportuguesdacosta](https://www.instagram.com/caminhoportuguesdacosta)



10 Valença Trail outline RURAL/URBAN

Total length **16 Km**
 Time **04H00**
 Highest point **68 m**
 Difficulty **Average**

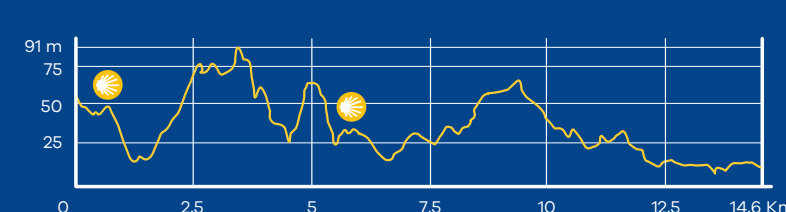
Loja de Turismo
 Portas do Sol
 4930-702 Valença
 Tel. +351 251 823 329
 42° 14'0.12" N 8° 38'46.36" W



9 V. N. Cerveira Trail outline RURAL

Total length **14,6 km**
 Time **04H00**
 Highest point **91 m**
 Difficulty **Easy**

Loja Interativa de Turismo
 Praça do Município
 4920-284 Vila Nova de Cerveira
 Tel. +351 251 70 80 23
 41° 56' 20.35" N 8° 44' 38.86" W



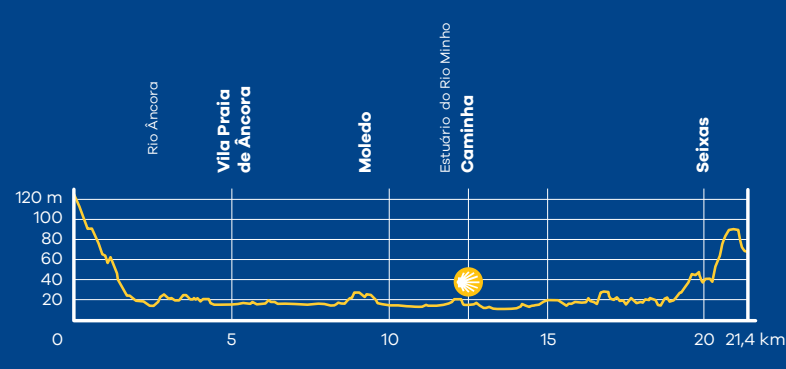
8 Caminha Trail outline RURAL/URBAN

Total length **21,4 km**
 Time **05H00**
 Highest point **120 m**
 Difficulty **Average**

Posto de Turismo de V. P. de Ancora
 Av. Dr. Ramos Pereira
 4910-457 Vila Praia de Ancora
 Monday to Saturday: 09h30 - 13h00 / 14h00 - 17h30
 Tel. +351 258 911 384
 41° 48' 44.02" N 8° 51' 47.12" W

Loja de Turismo de Caminha
 Praça Conselheiro Silva Torres
 4910-122 Caminha
 Monday to Saturday: 09h30 - 13h00 / 14h00 - 17h30
 Tel. +351 258 921 952
 41° 52' 33.89" N 8° 50' 18.91" W

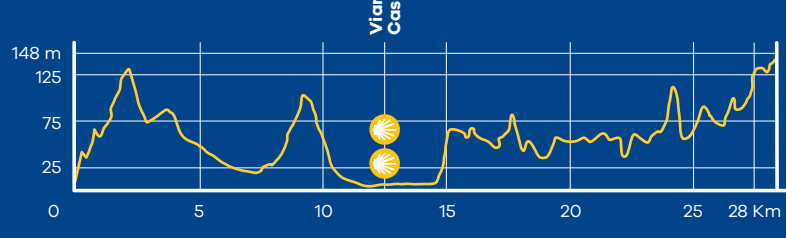
Ferry-Boat Santa Rita de Cássia
 Tel. +351 258 092 564



7 Viana do Castelo Trail outline RURAL/URBAN

Total length **28 km**
 Time **08H40**
 Highest point **148 m**
 Difficulty **Average**

Posto de Turismo Viana Welcome Center
 Praça da Liberdade
 4900 Viana do Castelo
 Tel. +315 258 098 415
 41° 41' 27.92" N 8° 49' 42.72" W



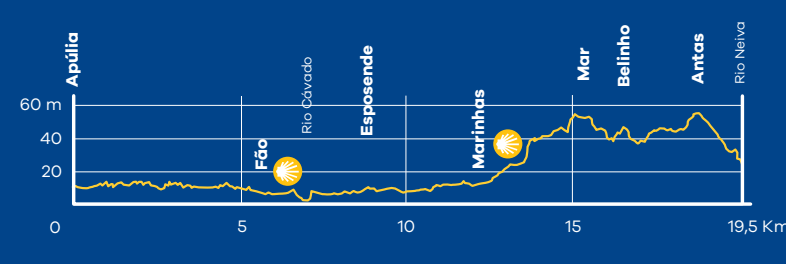
6 Esposende Trail outline RURAL/URBAN

Total length **19,5 km**
 Time **04H30**
 Highest point **60 m**
 Difficulty **Average**

Ponto de Informação ao Peregrino
 Rua Narciso Ferreira, 120
 4740-281 Esposende
 Tel. +351 253 960 100
 Email: turismo@cm-esposende.pt
 41° 31' 51.24" N 8° 46' 48.30" W

Centro de Informação Turística de Esposende
 Av. Eng. Eduardo de Arantes e Oliveira, 62
 4740-204 Esposende
 Tel. +351 253 961 354
 41° 31' 51.69" N 8° 46' 56.65" W

Pratzer / Ferry
 Passagem Fluvial - Barca do Lago
 Tel. +351 962 767 720

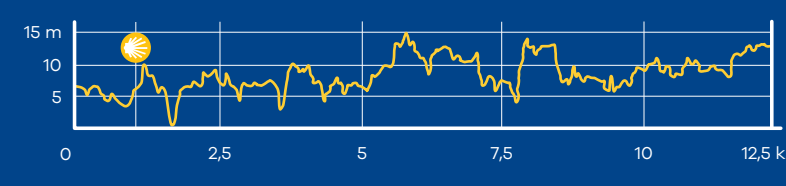


5 Póvoa de Varzim Trail outline RURAL/URBAN

Total length **12,5 km**
 Time **03H00**
 Highest point **15 m**
 Difficulty **Easy**

Loja Interativa de Turismo da Póvoa de Varzim
 Largo do Passeio Alegre
 4490-428 Póvoa de Varzim
 Tel. +351 252 090 190
 41° 22' 43.661" N -8° 46' 2.200" W

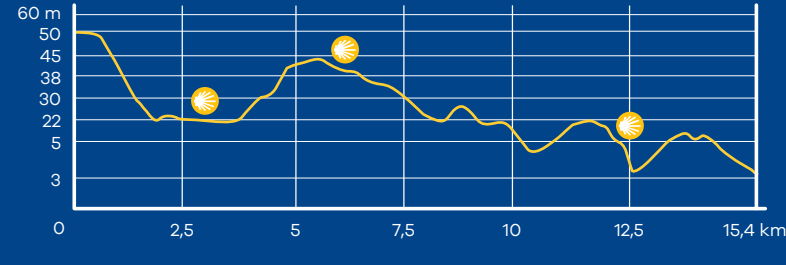
Posto de Turismo
 Praça Marquês de Pombal
 4490-442 Póvoa de Varzim
 Tel. +351 252 298 120
 41° 22' 47.727" N -8° 45' 42.856" W



4 Vila do Conde Trail outline RURAL/URBAN

Total length **15,4 km**
 Time **04H00**
 Highest point **50 m**
 Difficulty **Easy**

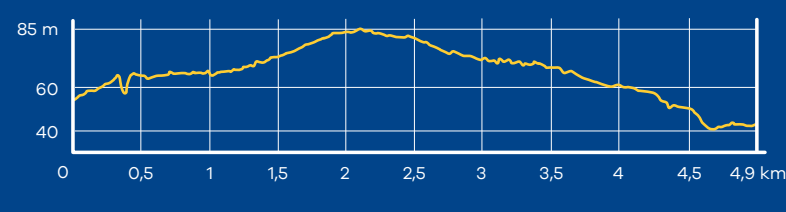
Loja Interativa de Turismo
 Rua Cais das Lavadeiras
 4480-789 Vila do Conde
 Tel. +351 252 248 445
 41° 21' 2.36" N 8° 44' 34.09" W



3 Maia Trail outline URBAN

Total length **4,9 km**
 Time **01H30**
 Highest point **85 m**
 Difficulty **Easy**

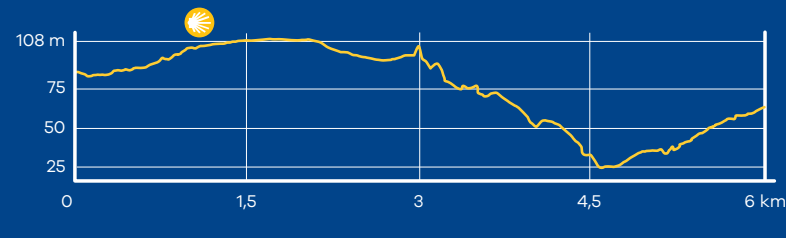
Maia Welcome Center
 Parque Central da Maia
 Rua Simão Bolívar, 1.º Piso - Loja 19
 Maia
 Tel. +351 229 444 732
 41° 14' 2.96" N 8° 37' 30.92" W



2 Matosinhos Trail outline URBAN

Total length **6 km**
 Time **02H00**
 Highest point **108 m**
 Difficulty **Easy**

Loja Interativa de Turismo
 Avenida General Norton de Matos
 4450-208 Matosinhos
 Monday: 13h00 - 19h00
 Tuesday to Saturday: 09h30 - 19h00
 Sunday: 10h00 - 13h00
 Tel. +351 229 392 412
 41° 10' 49.037" N 8° 41' 38.458" W



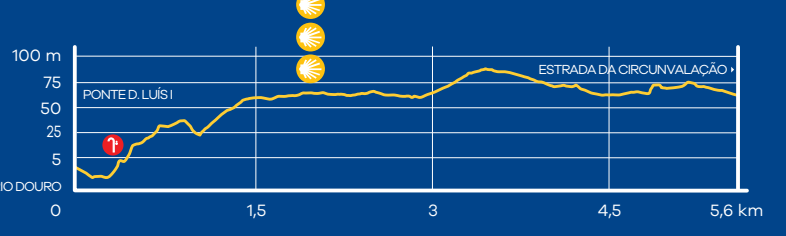
1 Porto Trail outline URBAN

Total length **5,6 km**
 Time **02H00**
 Highest point **87 m**
 Difficulty **Average**

Posto de Turismo
 Terreiro da Sé
 Calçada de Dom Pedro de Pitões, 15
 4050-573 Porto
 Tel. +351 300 501 920
 41° 8' 35.09" N 8° 36' 41.87" W

The **stick** and the pilgrim shell "**vieira**" may be purchased in Porto, in the Arte Sacra Shop, Rua da Assunção, 36.
 Tel. +351 222 016 021
 41° 8' 30.08" N 8° 36' 41.08" W

The **credential** may be acquired in the Porto Cathedral, Terreiro da Sé.
 Tel. + 351 222 059 028
 41° 8' 35.09" N 8° 36' 41.87" W



Portuguese Coastal Way
 Portuguese Central Way
 Connection to the Central Way
 Estrada Nacional 13